### 1<sup>st</sup> International Fluid Academy Day November 19, 2011, Elzenveld Congress and Convention Centre, Antwerp, Belgium

#### PROGRAM AT A GLANCE 8:00 - 9:00 Registration

## **PART 1: MORNING SESSIONS**

#### **SESSION 1: Give Fluids? Make it Choice, not Chance**

**Chair: Rainer Gatz and Peter Rogiers** 

- 9:00 Introduction and basic concepts of fluid therapy Niels Van Regenmortel
- 9:20 Stewart says: saline sucks! The trouble with hyperchloremic metabolic acidosis Paul Elbers
- 9:40 The clash of the titans: crystalloids versus colloids? Eric Hoste
- 10:00 Some colloids are more equal than others: does our choice matter? Sibylle Kozek-Langenecker
- 10:20 Discussion
- 10:35 11:00 Coffee Break

#### **SESSION 2: Give Fluids? Make it Choice, not Chance**

Chair: Eric Hoste and Philippe Jorens

- 11:00 The hypertonics: lessons from massive fluid administration for small volume therapy Dirk Himpe
- 11:20 Hero or has-been: is there still a place for albumin?
  Julia Wendon
- 11:40 Pushing the boundaries: what's beyond the final frontier?

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- 12:00 Discussion
- 12:15 13:10 Lunch Break

# PART 2: AFTERNOON SESSIONS

| SESSION 3: Give Fluids? Avoid Floods Chair: Julia Wendon and Alexander Wilmer   |  |
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| 13:10   | Fluid overload: poor cosmetics or bad medicine?<br>Manu Malbrain                               |
| 13:30   | Assessment of fluid therapy: use the right tool for the right job!<br>Xavier Monnet            |
| 13:50   | Perioperative fluid optimisation: from gut feeling to closed loops<br>Frederic Michard         |
| 14:10   | Frank Starling revisited: the importance of fluid responsiveness Jean-Louis Vincent            |
| 14:30   | The search for the Holy Grail continues: is there a place for lactate?<br>Jan Bakker           |
| 14:50   | Discussion   |
| 15:05 - 15:30 Coffee Break  |  |
| SESSION 4: Give Fluids? Avoid Floods Chair: Jean-Louis Vincent and Azriel Perel |  |
| 15:30   | Dry lungs are happy, but a dry liver is deadly: how can dye-dilution help us?<br>Michael Bauer |
| 15:50   | Techniques for the future: continuity versus accuracy? Azriel Perel                            |
| 16:10   | Putting it into practice: an interactive discussion<br>The Faculty                             |
| 16:45   | Closing remarks: wrap it up!   |

Manu Malbrain

17:00 End of meeting